

Personal background :

- From a family of medical doctors
- M.D from Medical University of Paris-France
- Residency in Surgery : Poitiers - France
- Diploma in Chinese Acupuncture : A.F.A, Paris-France
- : International
B Acupuncture School, Hong-Kong
- : LEI-MEN-NA Research
Institute .
- Member of "ASREA" : Scientific Acupuncture
Research Association; Paris - France .
- Have practiced Acupuncture in Paris - Poitiers
(France) , Peona (India) & Oregon (U.S.A)
- Have done research and published in France
- Organized and conducted lectures and
training programmes in Chinese medicine in
France - India - Switzerland and Germany .
- Currently licensed acupuncturist in Oregon
(U.S.A)

I hope the above mentioned credentials will

give a certain credibility to what follows.

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Meeting with Bhagwan:

In 1977, I was doing an in-depth research in to oriental healing and medicine. Mostly searching for the deeper causes of disease, and the preventative methods. This search brought me in close contact with many Chinese masters of Chinese medicine, Taoist teachers, Filipino psychic healers, and many other masters and teachers. Quite accidentally I came across a taped lecture of Bhagwan's discourse and decided to go to Paona to see him.

Originally I was inspired by his words and the potential they offered, for understanding the inner dynamics of the human psyche. But being actually in his presence was a totally different experience, defying description. All that could be said was that this was a different man. I had been in the presence of many extraordinary men, but here was an ~~extra~~ exceptional man for whom my scientific mind had no definition.

Since 1977 I ~~to~~ attended his daily discourses (3) and later evening darshans. The various festivals and finally his silent communion (Natsangs).

I can attempt to describe my experience in two ways: - the intellectual: based on his lectures. His insight into the human nature is absolutely exceptional. It is an established fact now that the main cause of disease is to be found in the human psyche, ~~the~~ ^{man's} relation to his environment and his stress patterns. This has put special emphasis ~~of~~ on psychology. None of the people I met, or whose writings I have read has had such an understanding as that of Bhagwan into the workings of the human psyche & mind, the clarity with which Bhagwan imparts this knowledge to his disciples and the impact his teaching have upon his followers, is proof enough of the accuracy of his insight. As I could observe ~~through~~ ^{from} the changes his various disciples went through during these years.

- The second aspect of my experience is personal. Involves change I went through personally through his teaching and mostly simply through being in his presence. That is why this ultimate stage of Bhagwan's teachings; the silent phase is so precious to me and many other of his followers. If the ultimate goal of mans life is achieving happiness, Bhagwan through his lectures has shown us, what is preventing us from reaching this goal, how to get over the obstacles, etc.; and in through his silent teaching, He is giving us a taste of what it can be like.

To summarize: As far as I am concerned Bhagwan's teachings are a revolution in the fields of religion and psychology. Nothing of such magnitude has happened to human growth since the discovery of fire! The understanding and application of his teachings can be a major turning point in the fields

of science and particularly medicine

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And thus the experiment of a commune, where thousands of people are involved ⁱⁿ the pursuit of a common goal, that of harmony and happiness, in his silent presence, is the biggest existential experiment in human growth, and the attempt to create a better man.

Sw. Anand Hanid.