

Rajneeshwarin, O.K.

To whom it may concern.

Bhagwan Shree Rajneesh has been a profound influence on my life. Before meeting Bhagwan I had been on a search to find meaning in this existence. I had been a counselor for delinquent youth for the federal government, a telephone counselor in crisis intervention, professional chef, landscape designer and gardener, a student of religion and philosophy and founder of a center for the Study of Alternative Systems of Healing as well as a student of yoga for five years.

Two currents of interests dominated my search for social justice and inner peace - after reading Bhagwan's <sup>discourse</sup> and coming to Oregon I came to realize there was someone who understood all the aforementioned interests and concerns of mine and would enable me to draw these into a cohesive whole. He has helped me to learn how to be more aware and accepting of myself and therefore of others.

My service to the public as a professional chef has changed tremendously. I see my work as a way of expressing my artistic gifts without getting so stuck in worry about the outcome. I am more and more freed from my perfectionism, which in the past was a stumbling block to enjoying my work. I laugh more, relax more and truly look forward to each day.

Bhagwan has taught me that one has to become meditative in all phases of one's life

Through his grace and silence my work has become  
my meditation

Sincerely  
Robert H. Shen