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To Whom it may concern,

I studied for five years at Brunel University in Uxbridge U.K., obtaining my honours degree in Psychology in 1975.

The first two years of my studies involved a rigorous training, heavily biased towards the scientific theories of the behaviourist psychologists. During this period I also worked for six months with mentally disturbed patients at the Paddington Day Clinic London.

Having a bright intelligent and questioning mind, I found myself becoming more and more critical of modern western psychological theories. I found them lacking in depth of understanding, of the real problem of the human condition. They seemed more concerned with adjusting people to fit into a society which in its ~~at~~ self is slowly becoming more disturbed and moving dangerously towards a point of self-destruction.

I continued my studies at Brunel which is a highly sophisticated technological University knowing that to drop out would solve nothing, and that to have a scientific degree from this establishment of learning would carry

more weight if I ever decided to speak out against modern western psychology.

In my following years at Brunel my scientific training continued, however I became more involved in the field of humanistic psychology. Many hours were spent in the Unwer library reading books on alternative psychology by such people as Carl Rogers and Fritz Pearl plus the traditional theories of Freud and Jung. These studies inevitably led me to become actively involved in the new group therapies.

One therapist in London at that time had just returned from India. His name now is Swami Teetka. He introduced me to the teachings and meditation techniques of Bhagwan Shree Rajneesh. After reading some of His books and tried various meditations, I found myself totally amazed by Bhagwan's depth of understanding into human behaviour. The more I read the more I found myself saying yes here is someone who really understands the psychology of man, and what's more had developed devices to help people become emotionally healthy and more mature.

In 1973 I travelled to Bombay India to meet Bhagwan and study his teachings. I soon discovered that my real desire in life was not to understand psychology but to understand myself. I became a disciple of Bhagwan's knowin-

without a doubt that here was a man whose understanding and wisdom far exceeded that of anyone I had ever met including all my professors at Brunel and all the authors of books on philosophy and psychology I had read.

I returned to my academic studies after spending two months listening to His teaching. The following years at Brunel I worked hard and obtained my honours degree with ease. I learned and assimilated my university work well while at the same time I had a new vision about psychology that I had obtained from Bhagwan.

I would like to state that within the books of Bhagwan Shree Rajneesh there are statements and insights that are of immense value to the field of modern psychology. Also his meditations and therapy techniques could greatly benefit a humanity struggling to find ~~new~~ new meaning, values and ways of relating. He is a genius in the realm of human consciousness.

His only concern is to help others. To help them discover their true nature, the boundless love and laughter that lies within us all. His work is to help us dissolve into this love and laughter. Silence is his final teaching ^{because} ~~but~~ only in silence can one move into the realm of the spiritual.

Spiritual awakening is the ultimate in psychological health. It is my experience and knowledge that through his vision and teachings the social sciences and helping professions would make an immense leap forward in their attempt to eliminate crime and the agony of emotionally disturbed people

Yours sincerely

I Potter Bsc.

