

STRESS MANAGEMENT CONSULTANTS

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To whom it may concern:

This letter is in reference to Bagwan Shree Rajneesh. I would first like to establish myself as a specialist in my field.

My credentials are as follows: MA foreign language & Sociology, U. of California; MA Clinical Psychology, U. of San Francisco, Ph.D. Psychology and Holistic Health, Columbia Pacific.

I have worked as a psychotherapist at Marin County Outpatient clinic and in private practice at the Holistic Health Center of Laguna Beach. As a consultant, I work closely with doctors and educators in Orange County, advising in the area of stress management. My expertise is in the area of treatment of psycho-physiological disorders. I work in conjunction with Mankind Research Foundation, Washington, D.C.

Various institutions have invited me to speak on the subject of Stress. A brief list follows. California State U., Santa Rosa, College of Marin, Orange Coast College, Governor Brown's Wellness Week, Orange County Mental Health Association, Orange County School District and the California Association of Teachers of English as a Second Language.

EXHIBIT "A-1044"

I would consider myself a specialist in the field of Stress, which has been my research topic since 1974 when I began my training at the Gestalt Institute of London in 1974. I have studied the major contributors such as Dr. Fritz Perls, Dr. Hans Selye, Dr. Kenneth Pelletier, Dr. Simington, and others, all who have provided a solid theoretical basis to the understanding of the prevention and regression of stress-related dis-ease. My dissertation was in fact a manual for health care providers on the treatment of psycho-physiological disorders.

In the past two years I have been exposed to weekly video tapes of the lectures of Bagwan Shree Rajneesh, as well as to the community of people living in harmony in accordance with his teachings. I can in fact, testify to the fact that his message, if lived, does so transform one's consciousness and in turn behavior in such a profound way, that one may experience a deep sense of well-being and absence of or regression of stress-related dis-ease.

This individual has created what no other specialist in the field has, thus far. He has created environments, structures and forms to support individuals in the deep changes required to arrive at their full potential. I personally have been more changed by the environments he has provided, i.e. the Laguna Beach and Oregon communities of people than by any of the theoretical concepts which I have studied in the field of consciousness/health. I can therefore testify to the singularity of the contribution to the field of preventative medicine by Bagwan Shree Rajneesh.

Sincerely,

Arlette Grybow, Ph.D.

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