

P.O. Box 417  
Lincoln, MA 01773  
19 July, 1983

To whom it may concern:

A fully trained child psychiatrist practicing in the Boston, Massachusetts area (see attached credentials), I have been concerned throughout my career with the integration of new points of view and techniques into psychotherapy practice. Along the way I have utilized psychoanalytic approaches, gestalt therapy, primal therapy, bioenergetics, family and couple techniques, art therapy, movement and massage methods, breath therapy (rebirthing), and past lives work. Since 1977, my explorations have carried me beyond humanistic psychology into the realms of meditation and spiritual growth.

Across the entire breadth of this field, Bhagwan Shree Rajneesh's contributions have proved to be incomparably brilliant. In his lectures and meditation techniques, Bhagwan has created an unparalleled synthesis of western psychology and eastern mysticism capable of carrying man far beyond the limits of psychotherapy alone. He is, in my opinion, the most significant current teacher anywhere in my field. Bhagwan's work has only just begun to have an impact on the world. I can attest to the enormous influence it has already had on enhancing the power and effectiveness of my own work.

The training and research inspired by Bhagwan and continuing at the Rajneesh International Meditation University and the Rajneesh Institute for Therapy (both at Rajneeshpuram, Oregon) are constantly extending the scope of human potentiality and self-realization. These institutions are, in my opinion, the most advanced spiritual growth centers functioning in the world today. We can anticipate further important new developments coming out of them.

Sincerely yours,  
*Stephen Proskauer, M.D.*  
Stephen Proskauer, M.D.

SP:tcp

Stephen Proskauer, M.D.

Brief Resume

Born: May 4, 1942, New York City

Professional Training:

Harvard College, B.A., cum laude 1962

Harvard Medical School, M.D., cum laude 1966

Internship, University of Vermont School of Medicine, 1966-

67

Residency, general psychiatry, 1967-69

Fellowship, child psychiatry, 1969-71 both at Boston University School of Medicine and University Hospital, Boston, Massachusetts

Honors and Awards:

Alpha Omega Alpha Honor Society, 1966

Freda R. London Trainee Award from American Association of Psychiatric Services for Children, 1970

Franklin Robinson Award from American Academy of Child Psychiatry, 1971

Ten original papers published in professional journals and books

Professional Activities:

Director, Mental Health Unit, U.S. Public Health Service Hospital, Tuba City, Arizona, 1971-73

Private practice, Burlington, Vermont, 1973-77

Staff Psychiatrist and Coordinator of In-Service Training at Mystic Valley Mental Health Center, Lexington, Massachusetts, 1977-79

Private practices, Newton, Massachusetts, 1978-80

Lincoln, Massachusetts, 1978-83

Oakland and Kennebunk, Maine, 1981-83

Consultant to twenty-odd mental health agencies in Vermont and Massachusetts, 1973-81

Professional Organizations:

- 1) American Academy of Child Psychiatry, 1970-83  
Co-Chairman, Committee on the American Indian Child, 1977-79
- 2) American Psychiatric Association, 1971-82
- 3) Society for Family Therapy and Research, 1983
- 4) Association for Alignment of Past Life Experience 1982-83