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To Whom It May Concern

I am a dental practitioner, having graduated with honours from the University of Sydney in 1976. I have pursued my profession in Australia and the United Kingdom, and my practice is now based in Sydney. I am currently on 3 months leave, visiting Rajneeshpuram.

My first contact with Bhagwan Shree Rajneesh was through a colleague in England in 1977. A brief stay in Poona in 1978 stirred my interest, but it wasn't until 1979 on a further visit, that I became a disciple. In the prior 26 years of devout Catholicism, I had never met anyone of such wisdom, such sanity, such grace, such humour, such love, such religiousness. This man was exceptional!! ... and the community around him reflected these same qualities.

To see how these communities have developed has been of tremendous interest to me. I have lived in a couple and visited several over the past few years. They are the translation of Bhagwan's vision. As far as health is concerned, my experience is that the loving support that the communities provide, the practice of meditation, allaying the effects of stress and tension, and a nutritionally sound vegetarian diet, makes for a high level of health. This is Bhagwan's vision of harmony of body and spirit. He has also spoken many times of one's

responsibility for oneself, and awareness, and so I find that his sanyasins take care of themselves, and the accident-rate is very low.

My professional life has been dramatically altered by my contact with Bhagwan. Prior to sanyas, I offered my clients good workmanship and sensitivity to their problems. Since sanyas, the quality of my care and my craft has become inordinately better, as I am bringing more meditateness, more love to my work. In the past, I have found it an extremely stressful, intense occupation - this is documented by the high suicide and heart disease rate of dentists. I now feel much cooler, calmer.

My personal development took a new direction after my first contact with Bhagwan. Many of my earlier ambitions had long since been fulfilled - a distinguished university career, extensive travelling, considerable wealth, marriage, and life seemed mediocre. I felt mediocre, lack-lustre, unfulfilled. To be in Bhagwan's presence was to sense that much, much more was possible. Life seems much simpler now. I'm much more in touch with myself. I feel much happier, much richer, but far less grasping. These few weeks visiting in Rajneeshpuram have been a time of tremendous nourishment for me. I have felt a change in myself sitting with Bhagwan in Satsang. The juice and love, I feel here, I can take with me back to Australia, to my family, my friends, my work.

Yours faithfully

Elizabeth Fleming

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